

Personal Information

- **Name:** Nevyan Yaser Abdullah
 - **Academic Rank:** Assistant Professor
 - **Academic Qualifications:** PhD in Physical Education and Sports Sciences
 - **Date of Birth:** March 29, 1980
 - **Place of Birth:** Duhok / Iraq
 - **Nationality:** Iraqi
 - **Contact Number:** +9647504584913
 - **Email:** nevyan.abdullah@uod.ac
-

Education

- **PhD in Physical Education and Sports Sciences:** University of Duhok (January 20, 2024).
 - **Master of Biological Sciences and Sports Health:** Faculty of Physical Education, Helwan University, Cairo, Egypt (March 16, 2014).
 - **Bachelor of Physical Education and Sports Sciences:** Faculty of Physical Education and Sports Sciences, Duhok (July 1, 2010).
 - **Diploma in Physical Education and Sports Sciences:** Central Teachers Institute, Duhok (July 1, 1999).
-

Professional Experience

University of Duhok (Academic Staff)

- **Assistant Professor (2025–2026):** Teaching Sports Medicine, Sports Physiology, and Physical Therapy.
- **Lecturer (2020–2025):** Taught Sports for Special Needs, Sports Physiology, and Scouting Education.

+2

- **Assistant Lecturer (2017–2020):** Conducted scientific discussions and taught swimming, Educational Psychology, and Vocational Rehabilitation for the Disabled.
- **Sports Coach (2011–2014):** Sports Unit, Faculty of Physical Education and Sports Sciences.

Salahaddin University

- **Assistant Lecturer (2014–2016):** Sports Unit, College of Agriculture.

Other Teaching Roles

- Physical Education Teacher at Duhok Secondary School for Girls.

- Physical Education Teacher at 11th of September Mixed Primary School.
-

Published Research

- **Rehabilitative exercises** and their effect on Aldolase enzyme concentration and strength endurance for athletes with deltoid muscle injuries (March 18, 2026).
 - Effectiveness of **functional training** on immunological and physical variables in football players (January 2025).
 - The impact of **motor dexterity activities** on kinetic and emotional intelligence and citizenship values among primary school students in Oman (January 8, 2025).
 - The effectiveness of a **cognitive-behavioral counseling program** in developing psychological toughness for people with disabilities in individual games (February 11, 2024).
 - Social support and its relationship to **self-confidence for wheelchair basketball players** (May 19, 2019).
-

Skills & Languages

- **Computer Skills:** Proficient in Microsoft Word, Excel, PowerPoint, and Networking.
 - **Languages:**
 - **Kurdish:** Native (Excellent in speaking, reading, and writing).
 - **Arabic:** Excellent in speaking, reading, and writing.
 - **English:** Good in speaking; Very Good in reading and writing.
-

Other Activities & Memberships

- **Current Member:** Duhok branch of the Olympic Committee (Women's Representative).
- **Volunteer Work:** Provided humanitarian aid to displaced Yezidis and Syrians and worked with the United Nations Humanitarian Information Center (JHIC) and UNOPS.
- **Community Engagement:** Delivers awareness lectures in schools and specialized workshops for sports unions.